

# APHRODITE

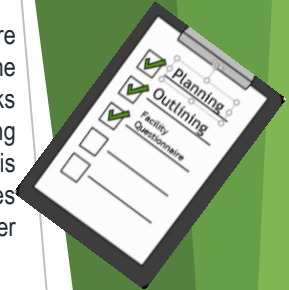
A Phase II trial of Higher Radiotherapy Dose In The Eradication of early rectal cancer

## Introduction

On behalf of the Co-Chief investigators Professor Simon Gollins, Dr Ane Appelt, and the CTRU team, we would like to give a warm welcome to all the sites participating in the trial. We are very much looking forward to working with you on this exciting and important clinical trial.

## Trial Progress

We have been working hard for the past 18 months to setup and open the APHRODITE trial and are pleased to report that we have now opened to recruitment. We attempted to speed up and streamline the RTQA (Radiotherapy Quality Assurance) process for sites, as this process can take a number of weeks even months to complete. We asked sites if they could complete the planning and outlining cases along with the facility questionnaire as early as possible. For 50% of the sites that successfully completed this process prior to local R&D approvals, they have made significant headway in site setup. For those sites who are now RTQA approved, this has improved overall setup timelines in comparison to other radiotherapy trials – **Amazing work!**



From Left to Right: Professor Simon Gollins (CI), Dr Ane Appelt (CI) & Professor David Sebag-Montefiore (Clinical Director Leeds CTRU)

We have also developed an electronic site initiation (eSIV) which helps sites complete the initiation at a time convenient to them, no waiting weeks on end to organise a meeting. So far we have had excellent feedback from sites, with one site in particular completing the eSIV in just one day – **Well done!!!**

**Well Done!**

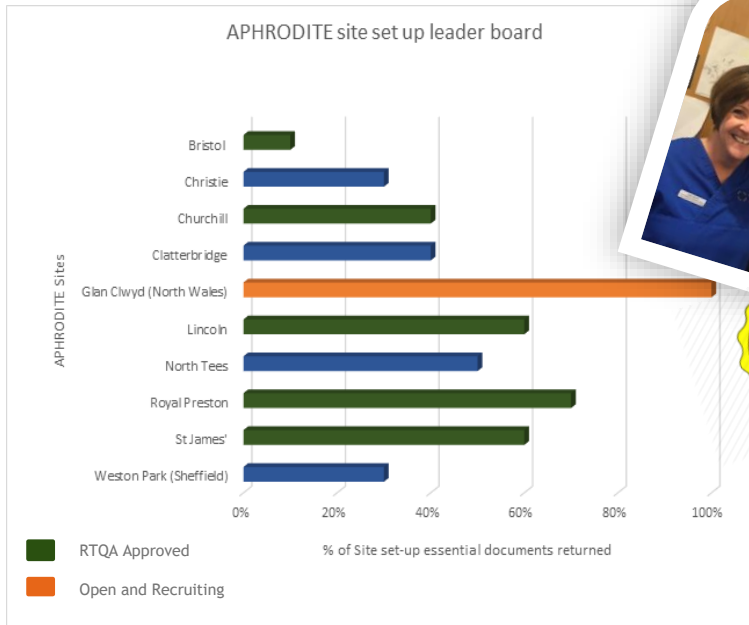
## Site Setup Status & Recruitment

We are happy to report that Glan Clwyd are the first site to open APHRODITE and they then consented the first patient on the 24<sup>th</sup> February 2020.

This is the **quickest** patient to be recruited into a radiotherapy trial run at the CTRU.

Well done to **Professor Simon Gollins (CI/PI)** and **Mrs Jane Heron (Clinical Research Nurse Specialist)**, pictured right.

Please see the leader graph that shows where each site currently is in the setup process. If you would like to know more about your site setup please email the [Aphrodite@leeds.ac.uk](mailto:Aphrodite@leeds.ac.uk) inbox and one of the team will be happy to help.



Ask Matthew..?



**Matthew** is our Trial Management Assistant. He's happy to help answer any questions you may have. Want to know more then please check out the twitter feed [https://twitter.com/aphrodite\\_trial](https://twitter.com/aphrodite_trial) for healthcare professionals. Be sure to also tell patients about their own Patient facing website <https://ctru.leeds.ac.uk/aphrodite/> where we will provide trial updates.

- Who we are:**
- Professor Simon Gollins (Co-CI)
  - Dr Ane Appelt (Co-CI)
  - Professor David Sebag-Montefiore (Clinical Director Leeds CTRU)
  - Dr Samantha Nutch (Senior Trial Manager)
  - Miss Becky Day (Data Trial Coordinator)
  - Mr Matthew Carter (Trial Management Assistant)
  - Miss Ella Hudson (Statistics)

Aphrodite Trial Team, CTRU  
From Left to right: Miss Rebecca Day, Dr Samantha Nutch & Mr Matthew Carter



If you would like your site to be featured on the newsletter then please let us know about your experience of recruiting into the APHRODITE trial!

